

Supports are provided based on each individual's needs. The frequency of supports may vary from 1 to 2 hours a week to 24 hours per day. Skill training occurs based on individual's needs in the following areas: self-advocacy, menu planning, shopping, cooking, laundry, home maintenance, crisis planning, personal hygiene, socialization, relationships, using natural supports, health, medication management, safety, community mobility, making choices, and money management.

Locations where supports are provided vary from apartment living to individual homes or duplexes. Exceptional Opportunities assists 39 individuals in living in the community. Current locations where community living is provided include: West Side Apartments, a ranch style homes on North Woodworth Street and Fair Street, a duplex on Williams Street, and various apartments in the community. These homes are attractive, well maintained, and very comfortable. Each person has a private bedroom and all are encouraged to personalize their home. Support staff trained in providing services with respect and excellence help individuals learn and improve skills. People living together in a home quickly develop friendships and a sense of family.

Exceptional Opportunities, Inc. works with individuals with disabilities to live their life the way they choose. The individual is at the core of all services provided and direct their life to meet their goals, learn new skills or maintain current skills, be involved in the community and give back to society. Social calendars overflow with community concerts and plays, church activities, school sporting events, mini golf, Special Time activities at the YMCA, Kiwanis AKtion club, the aquatic center, eating out, shopping, and movies, all based on each individual's choice.

Transportation is offered to individuals to access the parts of the community necessary to meet their needs. Trips to doctor offices, grocery stores, local stores, community events, etc. are provided by staff as needed. Individuals are taught to access community transportation when appropriate and available.